November 19, 2026

To,

The BSE Limited	The National Stock Exchange India Limited
Phiroze Jeejeebhoy Towers	Exchange Plaza, Bandra Kurla Complex
Dalal Street, Mumbai-400001	Bandra (E), Mumbai-400051
Scrip code: 540203	NSE Symbol: SFL

Subject: Intimation of schedule of Investor/Analyst meeting under Para A of Part A of Regulation 30(6) of SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015

Dear Sir/Madam,

With reference to the subject cited above, we hereby inform you that, pursuant to Para A of Part A of Regulation 30(6) of the SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015 the management of the Company, through its representatives, will be participating in a virtual group investors meeting scheduled to be held on Thursday, November 26, 2026.

Please note that this schedule might change due to unforeseen circumstances involving the Analysts, Investors, or the Company.

No unpublished price sensitive information (UPSI) is intended to be discussed during the interactions. Submitted for your information and records.

Thanking You,

Yours truly,
For Sheela Foam Limited

MD IQUEBAL AHMAD

Digitally signed by MD IQUEBAL AHMAD
Date: 2026.11.19 14:51:48 +05'30'

(Md. Iquebal Ahmad)
Company Secretary & Compliance Officer