Date: 23trd November 2026

To, Manager - Listing Compliance **National Stock Exchange of India Limited,** Exchange Plaza. C-1, BlockG, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	**To,** Head – Listing Operations Corporate Relationship Department, **BSE Limited** Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476

Subject: Intimation of Allotment of 19,190 Equity Shares under the Jeena Sikho Lifecare Limited Employee Stock Option Scheme 2024 ("ESOS 2024")

Dear Sir/ Madam,

Pursuant to Regulation 30 read with Schedule III of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we wish to inform that the Nomination and Remuneration Committee ("Compensation Committee") of the Company vide Resolution dated 23.11.2026 has approved the allotment of **19,190 (Nineteen Thousand One Hundred and Ninety)** Equity Shares of face value of Rs. 2/- (Rupees two only) each to eligible employees pursuant to exercise of options under the Jeena Sikho Lifecare Limited Employee Stock Option Scheme 2024 ("ESOS 2024").

Consequently, upon the aforesaid allotment, the paid-up equity share capital of the Company stands increased from **Rs. 24,86,48,208/- (divided into 12,43,24,104 equity shares of face value Rs. 2/- each)** to **Rs. 24,86,86,588/- (divided into 12,43,43,294 equity shares of face value Rs. 2/- each)**.

The details as required under the SEBI (Share based Employee Benefits and Sweat Equity) Regulations, 2021 are enclosed as **Annexure – 1** and the disclosures as required under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 read with SEBI's Master Circular updated as on January 30, 2026, are enclosed as **Annexure – 2**.

The above said meeting commenced at 03:15 P.M. (IST) and concluded at 03:45 P.M. (IST).

The said information will also be made available on the website of the Company at www.jeenasikho.com

Kindly take the above on record.
Thanking you,
Yours faithfully,

For Jeena Sikho Lifecare Limited

MANISH GROVER
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Date: 2026.11.23 16:13:27 +05'30'

Manish Grover
Managing Director
DIN: 07557886

Place: Zirakpur, Punjab
Encl: Annexure 1 & Annexure 2.

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Annexure-1

Details as required under Regulation 10(c) of SEBI (Share Based Employee Benefits and Sweat Equity) Regulations, 2021 – Notification for issue of shares

Sr. No.	Particulars	Remarks
1.	Company name and address of Registered Office	Jeena Sikho Lifecare Limited having it's Registered office at SCO 11 First Floor, Kalgidhar Enclave, Mohali, Zirakpur, Punjab, India,140604
2	Name of the recognized Stock Exchanges on which the company's shares are listed	• National Stock Exchange of India Limited ('NSE') • BSE Limited ('BSE').
3.	Filing date of the statement referred in regulation 10(b) of the SEBI (Share Based Employee Benefits and Sweat Equity) Regulations, 2021 with the recognized Stock Exchange	Filing date with • NSE: 02/03/2024 • BSE Limited: 12/09/2026
4.	Filing Number, if any	• NSE: NSE/LIST/40419 • BSE: 280973
5.	Title of the Scheme pursuant to which shares are issued, if any	Jeena Sikho Lifecare Limited Employee Stock Option Scheme 2024 ("ESOS 2024")
6.	Kind of security to be listed	Equity Shares
7.	Par value of the shares	Rs. 2/- each
8.	Date of issue of shares	23-11-2026
9.	Number of shares issued	19,190
10.	Share Certificate No., if applicable	Not Applicable
11.	Distinctive number of the share, if applicable	12,43,24,105 to 12,43,43,294
12.	ISIN Number of the shares if issued in Demat	INE0J5801029
13.	Exercise price per share	Rs. 2/- per Option, after giving effect to the sub-division of equity shares from face value of Rs. 10/- each to Rs. 2/- each
14.	Premium per share	NIL
15.	Total Issued shares after this issue	12,43,43,294
16.	Total Issued share capital after this issue	Rs. 24,86,86,588/-
17.	Details of any lock-in on the shares	N.A.
18.	Date of expiry of lock-in	N.A.
19.	Whether shares are identical in all respects to existing shares if not, when will they become identical?	The Equity shares allotted shall rank pari passu and are identical in all respect with the existing equity shares including payment of dividend and other rights.
20.	Details of listing fees, if payable	N.A.

For Jeena Sikho Lifecare Limited

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Manish Grover
Managing Director
DIN: 07557886

Registered Office Address:
SCO-11, Kalgidhar Enclave, Baltana, Zirakpur, Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:
B-26, Opp. Metro Pillar No. 223, Rohtak Road, New Multan Nagar, Delhi - 110056
Email ID.: cs@jeenasikho.com | www.jeenasikho.com

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Annexure-2

Disclosures as required under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015:

Particulars	Remarks
Type of securities proposed to be issued	Equity Shares of the face value of Rs.2/- each ranking pari passu with the existing equity shares.
Type of Issue	Allotment of equity shares under the Jeena Sikho Lifecare Limited Employee Stock Option Scheme 2024 ("ESOS 2024").
Total number of securities proposed to be listed	19,190 Equity Shares.

For Jeena Sikho Lifecare Limited

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Date: 2026.11.23 16:13:55 +05'30'

Manish Grover
Managing Director
DIN: 07557886

Registered Office Address:
SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

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