Jeena Sikho
Health | Wealth | Happiness

Date: 21st November, 2026

To, Manager - Listing Compliance **National Stock Exchange of India Limited,** Exchange Plaza. C-1, BlockG, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	**To,** Head – Listing Operations Corporate Relationship Department, **BSE Limited** Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476

Subject: Intimation under Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

Ref: Submission of receipt of disclosure under Regulation 29(1) of the SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011

Dear Sir/Madam,

Pursuant to Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we wish to inform you that the Company has received, on 20th November, 2026, a disclosure under Regulation 29(1) of the SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011, from **Stallion Asset Private Limited (SEBI Registration No.: INP000006129)**, in its capacity as a SEBI-registered Portfolio Manager, on behalf of its discretionary clients.

A copy of the aforesaid disclosure received by the Company is enclosed herewith for your information and records.

You are requested to kindly take the above information on record.

Thanking You.

Yours faithfully,
For Jeena Sikho Lifecare Limited

PRIYA GOYAL
Digitally signed by PRIYA GOYAL
Date: 2026.11.21 15:15:29 +05'30'

Priya Goyal
Company Secretary & Compliance Officer
M. No.: A71180

Place: Zirakpur, Punjab
Date: 21.11.2026

Encl.: As Above

CIN: U65990MH2018PTC305551
SEBI PMS REGN.: INP000006129

Stallion Asset Private Limited

Corporate Address: 5th Floor, Jet Prime Building, Suren Road, Gundavali, Andheri (East), Mumbai -400093
Website: www.stallionasset.com |Email id: pms@stallionasset.com| Tel No.: 022-65451300

Date: 12th November 2026

To,

National Stock Exchange of India Limited
Listing Department, Exchange Plaza, C-1, Block G,
Bandra Kurla Complex, Bandra (E), Mumbai – 400 051
NSE Symbol: JSLL

BSE Limited
Department of Corporate Services, Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai – 400 001
Scrip Code: 544476

Jeena Sikho Lifecare Limited
The Company Secretary & Compliance Officer,
SCO 11, First Floor, Kalgidhar Enclave, Zirakpur,
Mohali, Punjab – 140 604
ISIN: INE0J5801029

Sub: Disclosure under Regulation 29(1) of the SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011 – Jeena Sikho Lifecare Limited

Dear Sir / Madam,

Stallion Asset Private Limited, a Portfolio Manager registered with the Securities and Exchange Board of India (Registration No. INP000006129), manages portfolios of its clients on a discretionary basis ("Acquirer"). Pursuant to the purchase of equity shares on the stock exchanges on 11 November 2026, the aggregate holding of equity shares by the Acquirer in Jeena Sikho Lifecare Limited ("the Target Company") increased from 61,91,145 equity shares (4.9798%) to 62,26,309 equity shares (5.0081%) of the paid-up equity share capital of the Target Company.

Accordingly, we enclose the disclosure under Regulation 29(1) of the SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011 in the prescribed format regarding the change in shareholding of Jeena Sikho Lifecare Limited.

We request you to kindly take the same on record.

Thanking you,
Yours faithfully,

For Stallion Asset Private Limited

Rohit Mohanlal Jeswani
Compliance Officer

Stallion Asset Pvt. Ltd. MUMBAI

Encl.: Disclosure under Regulation 29(1) – Part A and Part B

CIN: U65990MH2018PTC305551
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Format for Disclosures under Regulation 29(1) of SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011

Part-A – Details of the Acquisition

Name of the Target Company (TC)	Jeena Sikho Lifecare Limited		
Name(s) of the acquirer and Persons Acting in Concert (PAC) with the acquirer	Stallion Asset Private Limited, in its capacity as Portfolio Manager (SEBI Reg. No. INP000006129), on behalf of its clients under discretionary portfolio management services.		
Whether the acquirer belongs to Promoter / Promoter group	No		
Name(s) of the Stock Exchange(s) where the shares of TC are listed	National Stock Exchange of India Limited (NSE) and BSE Limited (BSE)		
Details of the acquisition as follows	**Number**	**% w.r.t. total share / voting capital wherever applicable (*)**	**% w.r.t. total diluted share / voting capital of the TC (**)**
Before the acquisition under consideration, holding of acquirer along with PACs of:			
a) Shares carrying voting rights	61,91,145	4.9798%	4.9657%
b) Shares in the nature of encumbrance (pledge / lien / non-disposal undertaking / others)	Nil	Nil	Nil
c) Voting rights (VR) otherwise than by equity shares	Nil	Nil	Nil
d) Warrants / convertible securities / any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category)	Nil	Nil	Nil
e) Total (a+b+c+d)	**61,91,145**	**4.9798%**	**4.9657%**
Details of acquisition (Net):			
a) Shares carrying voting rights acquired	35,164	0.0283%	0.0282%
b) VRs acquired otherwise than by equity shares	Nil	Nil	Nil
c) Warrants / convertible securities / any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category) acquired	Nil	Nil	Nil
d) Shares encumbered / invoked / released by the acquirer	Nil	Nil	Nil
e) Total (a+b+c+d)	**35,164**	**0.0283%**	**0.0282%**
After the acquisition, holding of acquirer along with PACs of:			
a) Shares carrying voting rights	62,26,309	5.0081%	4.9939%
b) VRs otherwise than by equity shares	Nil	Nil	Nil
c) Warrants / convertible securities / any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category) after acquisition	Nil	Nil	Nil
d) Shares in the nature of encumbrance (pledge / lien / non-disposal undertaking / others)	Nil	Nil	Nil
e) Total (a+b+c+d)	**62,26,309**	**5.0081%**	**4.9939%**

CIN: U65990MH2018PTC305551
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Mode of acquisition (e.g. open market / public issue / rights issue / preferential allotment / inter-se transfer / encumbrance, etc.)	Open market
Salient features of the securities acquired including time till redemption, ratio at which it can be converted into equity shares, etc.	NIL
Date of acquisition of / date of receipt of intimation of allotment of shares / VR / warrants / convertible securities / any other instrument that entitles the acquirer to receive shares in the TC	11 November 2026
Equity share capital / total voting capital of the TC before the said acquisition	₹24,86,48,208 comprising of 12,43,24,104 equity shares of face value ₹2 each
Equity share capital / total voting capital of the TC after the said acquisition	₹24,86,48,208 comprising of 12,43,24,104 equity shares of face value ₹2 each
Total diluted share / voting capital of the TC after the said acquisition	₹24,93,54,110 comprising of 12,46,77,055 equity shares of face value ₹2 each

For Stallion Asset Private Limited

Rohit Mohanlal Jeswani
Compliance Officer
Place: Mumbai

Stallion Asset Pvt. Ltd. MUMBAI

Date: 12th November 2026